

10-15-22 SWSC CONFERENCE RESULTS

F/S – 3RD PLACE – 65 POINTS

NAME	FINISH	PLACE
Molly Muehnickel	21:36.0 Medalist	6 th
Isabella Hays	22:08.0 PR 4 sec Medalist	9 th
Monica Alvarez	23:02.8 SB 5 sec	13 th
Briana Slaney	23:22.8	17 th
Sammie Jones	23:55.3 PR	20 th
Abby Janik	26:19.9	27 th
Olivia Smulders	28:04.4	29 th

VARSITY – 1ST PLACE – 37 POINTS

NAME	FINISH	PLACE
Ava Dughetti	19:30.1 All-Conference PR 11 sec	5 th
Claire Carter	19:30.4 All-Conference	6 th
Nadia Bowden	19:32.2 All-Conference PR 10 sec	7 th
Ruby Hillegass	19:37.9 All-Conference	9 th
Nancy Flais	19:52.9 All-Conference	10 th
Ella Maldonado	20:26.1	14 th
Ceci Nilson	20:42.6	16 th

OPEN – 1ST PLACE – 22 POINTS

NAME	FINISH	PLACE
Shea Martin	20:41.7 SB 5 sec	1 st
Emersynn Smith	21:20.1	2 nd
Ava Tomala	21:35.4	3 rd
Addie Robitz	22:06.8	6 th
Emily Ihrke	23:11.9	10 th
Brooke Bittner	24:56.0	17 th
Bella Spence	30:10.4	41 st
Gianna Barnes	34:26.0 PR 1 min 13 sec	45 th

WEATHER: Upper 40s, low 50s, partly sunny

RUNNER OF THE WEEK: Isabella Hays

FULL RESULTS:

[HTTPS://WWW.ATHLETIC.NET/CROSSCOUNTRY/MEET/216203/RESULTS](https://www.athletic.net/CrossCountry/MEET/216203/RESULTS)