10-17-20 SWSC CONFERENCE RESULTS

$F/S - 2^{ND}$ Place - 35 Points

| NAME | MILE 1 | MILE 2 SPLIT (TOTAL TIME) | MILE 3 SPLIT | FINISH | PLACE |
|------------------|--------|------------------------------|--------------|-------------------|------------------|
| | | | | | |
| Ella Maldonado | 6:35 | 6:59 (13:35) | 6:17 | 19:52.9 SB 5 sec | 3 rd |
| Shea Martin | | | | 20:12.6 SB 1 sec | 5 th |
| Emersynn Smith | | | | 20:15.6 PR 31 sec | 6 th |
| Kate Martin | | | | 20:38.2 PR 28 sec | 7 th |
| Taylor White | | | | 21:12.0 PR 17 sec | 14 th |
| Sofia Coglianese | | | | 22:03.7 SB 25 sec | 17 th |
| Ella Crocker | | | | 22:28.9 PR 24 sec | 23 rd |
| Addie Robitz | | | | 22:47.3 PR 7 sec | 25 th |

VARSITY - 1ST PLACE - 32 POINTS

| NAME | MILE 1 | MILE 2 SPLIT | MILE 3 SPLIT | FINISH | PLACE |
|-----------------|--------|--------------|--------------|-------------------|------------------|
| | | (TOTAL TIME) | | | |
| Merrigan Allen | 5:56 | 6:15 (12:11) | 5:38 | 17:50.2 SB 20 sec | 1 st |
| Claire Carter | | | | 18:30.0 PR 17 sec | 4 th |
| Catherine Ihrke | 6:15 | 6:31 (12:47) | 5:47 | 18:35.2 PR 11 sec | 5 th |
| Nancy Flais | 6:21 | 6:44 (13:05) | 6:09 | 19:14.3 PR 25 sec | 10 th |
| Colleen Erdman | | | | 19:30.0 SB 7 sec | 12 th |
| Carly Shipman | | | | 19:34.7 PR 1 sec | 13 th |
| Nadia Bowden | | | | 21:37.3 | 25 th |

Open

| NAME | MILE 1 | MILE 2 SPLIT (TOTAL TIME) | MILE 3 SPLIT | FINISH | PLACE |
|-------------------|--------|------------------------------|--------------|-------------------|------------------|
| Ceci Nilson | 6:54 | 7:20 (14:15) | 6:27 | 20:43.9 SB 2 min | 7 th |
| | | | | 36 sec | |
| Charlotte Toosley | | | | 21:32.8 PR 35 sec | 12 th |
| Emma Platek | | | | 21:35.3 PR 28 sec | 13 th |
| Jazmyne Phillips | | | | 21:48.3 PR 59 sec | 16 th |

WEATHER: Windy, cloudy, upper 40s to mid 50s

RUNNER OF THE WEEK: Catherine Ihrke