

# 11-9-19 IHSA STATE RESULTS

**VARSITY – 22<sup>ND</sup> PLACE – 493 POINTS**

<b>NAME</b>	<b>MILE 1</b>	<b>MILE 2 SPLIT (TOTAL TIME)</b>	<b>MILE 3 SPLIT</b>	<b>FINISH</b>	<b>PLACE</b>
Merrigan Allen				<b>17:45.54</b> PR 13 sec	45 <sup>th</sup>
Rachel Baumgartner				<b>18:06.66</b> PR 1 sec	75 <sup>th</sup>
Catherine Ihrke				<b>18:46.11</b> PR 34 sec	136 <sup>th</sup>
Colleen Erdman				<b>19:08.88</b> PR 5 sec	174 <sup>th</sup>
Emma Olson				<b>19:17.76</b> PR 15 sec	186 <sup>th</sup>
Lexy Sams				<b>19:23.92</b>	192 <sup>nd</sup>
Shea Martin				<b>19:53.10</b> PR	202 <sup>nd</sup>

**WEATHER:** Low 50s, partly sunny

**RUNNER OF THE WEEK:** Merrigan Allen, Rachel Baumgartner, Lexy Sams, Emma Olson, Colleen Erdman, Shea Martin, Catherine Ihrke, Carly Shipman

Merrigan Allen ran the all-time fastest 3 mile time at the IHSA State Finals for any Lincoln-Way Central athlete and 2<sup>nd</sup> fastest out of any Lincoln-Way athlete in history (Amanda Beggs - 17:21 - 2005)