

# SWSC INDOOR CONFERENCE RESULTS 03/16/19

EVENT	VARSITY	
<b>4 x 800M RELAY</b>          <b>10:09.76 SB</b>	1-Mackenzie Brownrigg - <b>2:32.0 SB</b> 37 38 (1:15) 39 38 (1:17)	2-Rachel Baumgartner - <b>2:27.3 Indoor PR</b> 34 37 (1:11) 38 38 (1:16)
	3-Lexy Sams - <b>2:36.2</b> 34 38 (1:12) 42 42 (1:24)	4-Merrigan Allen - <b>2:34.1 PR</b> 36 40 (1:16) 39 39 (1:18)
<b>3200M RUN</b>	Carly Shipman - <b>14:33.11</b> 45 50 (1:35) 51 51 (1:42/3:17) 51 54 (1:45/5:03) 55 54 (1:49/6:51) 53 60 (1:53/8:47) 57 57 (1:54/10:41) 58 61 (1:59/12:40) 57 56 (1:53/14:33) 6:51 1 <sup>st</sup> mile/7:42 2 <sup>nd</sup> mile)	
	Taylor Doyle - <b>14:05.39 PR</b> 45 50 (1:35) 51 52 (1:43/3:18) 50 55 (1:45/5:04) 53 54 (1:47/6:51) 55 55 (1:50/8:41) 55 55 (1:50/10:31) 55 56 (1:51/12:22) 54 50 (1:44/14:05) 6:51 1 <sup>st</sup> mile/7:14 2 <sup>nd</sup> mile	
<b>800M RUN</b>	Rachel Baumgartner - <b>2:28.18</b> 36 37 (1:13) 37 37 (1:15)	
	Mackenzie Brownrigg - <b>2:30.18 SB</b> 36 37 (1:13) 39 38 (1:17)	
<b>400M DASH</b>	Lexie Kamp - <b>1:06.78</b>	
	Sammy Waters - <b>1:09.10</b>	
<b>1600M RUN</b>	Merrigan Allen - <b>5:34.27 SB</b> 1:24 1:25 (2:49) 1:25 (4:14) 1:20 (5:34) 1 <sup>st</sup> 800 2:49/2 <sup>nd</sup> 800 2:45	

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	Lexy Sams - <b>5:42.06</b>	
	1:23 1:26 (2:49) 1:28 (4:17) 1:25 (5:42) 1 <sup>st</sup> 800 2:49/2 <sup>nd</sup> 800 2:53	
<b>4 x 400M RELAY</b>	1-Lexie Kamp - <b>1:07.7</b>	2-Rachel Baumgartner - <b>1:07.5</b>
<b>4:31.85 SB</b>	3-Sammy Waters - <b>1:08.0 SB</b>	4-Mackenzie Brownrigg - <b>1:08.5 Indoor PR</b>