

LWC INVITE RESULTS

03/03/18

JV		EVENT	VARSITY	
1-Cassidy Farrell - 2:57.9 40.6 46.5 47.8 43.0 1:27.1/1:30.8	2-Beth Rafferty - 2:52.9 42.3 43.6 45.3 41.7 1:25.9/1:27.0	4 x 800M RELAY 10:47.2 11:48.0	1-Lexy Sams - 2:42.7 37.8 42.3 42.6 39.7 1:20.4/1:22.3	2-Merrigan Allen - 2:37.9 38.5 37.8 40.4 41.2 1:16.3/1:21.6
3-Mary Farhat - 2:53.5 40.4 42.5 44.4 46.2 1:22.9/1:30.6	4-Madison Coglianese - 3:03.6 42.6 49.1 50.5 41.4 1:31.7/1:31.9		3-Carly Shipman - 2:39.9 37.7 40.4 41.9 39.9 1:18.1/1:21.8	4-Lexie Kamp - 2:46.6 39.4 42.7 43.2 41.3 1:22.1/1:24.5
		3200M RUN	Mackenzie Brownrigg - 11:15.8 *New School Record* 37.3 41.5 (1:18.8) 41.4 43.2 (1:24.4/2:43.2) 42.8 43.0 (1:25.8/4:09.0) 43.7 43.4 (1:27/5:36.0) 43.2 43.2 (1:26.3/7:02.3) 43.2 43.6 (1:26.8/8:29.1) 43.8 44.4 (1:28.2/9:57.3) 42.1 36.2 (1:18.3/11:15.8)	
			Gretchen Zirgaitis - 12:38.0 42.6 47.1 (1:29.7) 47.1 47.0 (1:34.1/3:03.8) 45.7 48.3 (1:34.0/4:37.8) 47.0 47.0 (1:34.0/6:11.7) 2 nd Mile - 6:26.3	
		800M RUN	Rachel Baumgartner - 2:28.4 37.4 38.4 (1:15.9) 37.0 35.5 (1:12.5)	
			Sofia Martin - 2:50.3 40.0 44.3 (1:24.3) 45.9 40.1 (1:26.0)	
		400M DASH	Lexie Kamp - 1:07.5	
			Sammy Waters - 1:07.4	

LWC INVITE RESULTS

03/03/18

		1600M RUN	Merrigan Allen – 5:40.7	
			41.1 42.9 (1:24.0)	43.7 43.0 (1:26.7/2:50.7)
			45.6 41.5 (1:27.1/4:17.8)	43.4 39.4 (1:22.9/5:40.7)
			Carly Shipman – 6:04.3	
			41.4 42.8 (1:24.2)	45.4 49.0 (1:34.6/2:58.6)
			47.2 46.9 (1:34.2/4:32.8)	48.1 43.4 (1:31.5/6:04.3)
1-	2-	4 x 400M RELAY	1-Mallory Brownrigg –	2-Beth Rafferty –
			4:49.3	1:13.7
3-	4-		3-Sammy Waters –	4-Jillian Gresiak –
			1:07.6	1:14.0